

JCA

Let the adventure
begin...



The Crossley Heath Year 8 Trip to Condover Hall

Monday 2nd July – Wednesday 4th July 2018



Welcome to JCA

We are a leading provider of school activity courses in the UK, with over 20 years' experience providing quality residential trips. Operating from 5 centres across the country, we deliver high quality educational experiences that meet the needs of every child.

Our courses encompass a range of outdoor activities to encourage personal development, inspire and motivate learning, independence and build confidence, all in a safe environment.

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The Value of JCA

We believe that learning outside the classroom is essential to a well-rounded education. Our courses focus on engaging students , providing enjoyable learning, and helping to develop life skills, such as:

- Learning to work together as a team
- Achieving personal and team goals
- Increasing self esteem and confidence
- Conquering fears
- Trying new and exciting activities
- Experiencing living away from home
- Respecting and valuing each others abilities
- Revealing undiscovered strengths
- Solving problems and taking responsibility





Why Choose JCA?

- We have been perfecting our centres and activities for 20 years.
- Unique to JCA, one dedicated and multi-skilled instructor spends the week with each group; building confidence, trust and support.
- We only employ and train the best - dedicated, motivated, fun and caring staff.
- Full board accommodation, insurance and all equipment is included.
- We are fully bonded members of ABTA, guaranteeing protection.

Safety Is Our Top Priority



- All of our centres are Health and Safety compliant.
- Our Safety Management System has been externally inspected and verified.
- First-Aid Kits are taken on all activity sessions.
- Centre Activity Managers hold the Emergency First Aid at Work Accreditation.
- Daily safety and equipment checks are carried out
- Thorough Risk Assessments have been conducted.
- All staff are DBS checked.



Governing Bodies and Accreditations

JCA are governed by, affiliated to and accredited with:

- British Activity Providers Association (BAPA)
- Institute for Outdoor Learning (IOL)
- Association of British Travel Agents (ABTA)
- Learning Outside the Classroom (LOtC)
- Adventuremark (AAIAC)
- Investor in People



Condover Hall



Our flagship activity centre set in the Shropshire countryside offers the ideal combination of outdoor and indoor adventurous activities.

Condover Hall is a grade I Elizabethan Mansion set in 78 acres of fantastic countryside and gardens. Your students will experience history, beautiful surroundings and state of the art activities during their stay.



Activities

- Abseiling
- Aerial Trek
- Archery
- Climbing
- Fencing
- High Ropes Course
- Initiative Exercises
- Low Ropes Course
- Mini Olympics
- Orienteering
- Sensory Trail
- Survival
- Tunnelling
- Zip Wire



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Our trip



Outward journey:

Depart school at 10.30 am. Pupils should arrive at School at the normal time.

A secure room will be made available where students can store luggage. They will then attend lesson 1 as normal.

Students must assemble on the Arena at 10.15 (after break) before boarding the coaches.

Students will need to bring a packed lunch and a bottle of water on Monday 2nd July, as our first meal at the centre is dinner on that day.

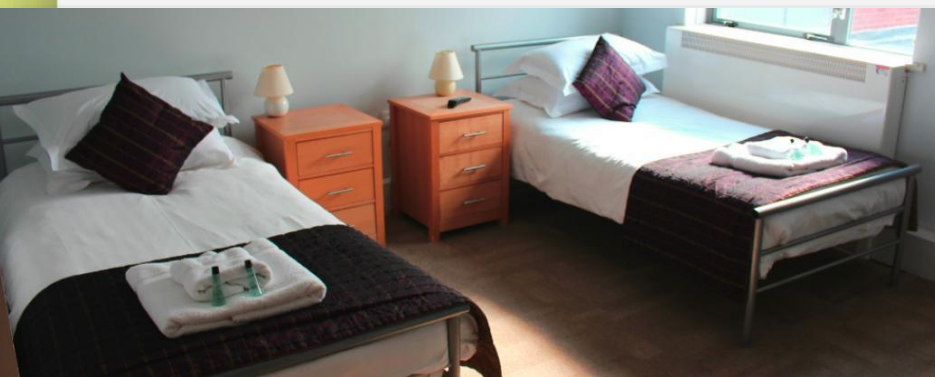


Tuck Shop / Gift Shop



Accommodation

There are options of multi bedded dorms (4 – 12 beds) for students, with most offering en-suite facilities. Rooms are a mixture of twins and singles, mostly with en-suite facilities within the same building as the children. Senior Staff Members are on duty until 10:30pm each day with Night Staff patrolling between the hours of 10:30pm and 07:30am. Centre doors are secured in the evening, but can be opened in case of emergency and security barriers guard the entrance to the site. Pupils will be in rooms by 9pm and lights out will be at 10pm



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Please leave all valuable items at home - we cannot take responsibility for lost or broken devices.
Phones are acceptable - but again at their risk.





Food is served in a buffet style canteen.

There will always be several options including vegetarian option.

Foods will be clearly labelled for any common allergies.



Sample Itinerary

An Example itinerary has been outlined to show how we structure your stay. You will be able to choose your activity preferences and an individual programme will be created to suit your needs.

MONDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Travel to centre		Intro tour	Aerial Trek	Giant Cluedo
TUESDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Buggy building	Orienteering	Body Zorbing	Archery	Egg Protector
WEDNESDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	
Abseiling	Travel back to School	Travel back to School		

Clothes		Kit List	

Night wear	
Underwear	
Pairs of socks (including plenty of spares)	
Trousers (It is important that the students do not wear jeans whilst doing the activities for safety and comfort reasons)	
Shorts	
T-Shirts	
Long sleeved top for archery	
Jumper/sweatshirt/fleece	
Waterproof jacket/anorak	
Waterproof trousers or trousers that can get muddy	
Towels	
Trainers or other substantial footwear, plus extra to get wet/dirty	

No Skirts, very short shorts or crop tops due to wearing harnesses

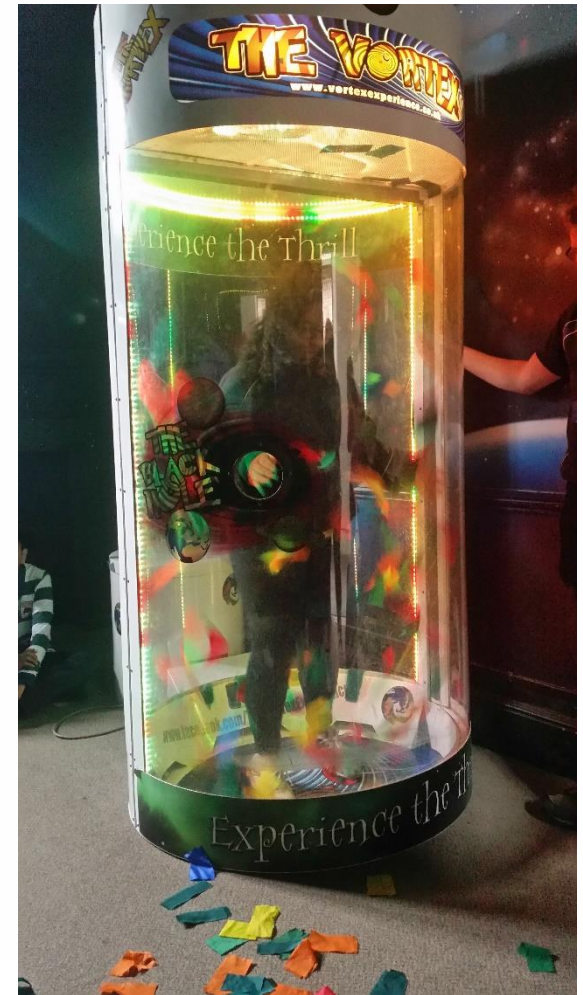
Clothing needs to be weather appropriate as we will be outside all day and in the evening

Toiletries			
Toothbrush			
Toothpaste			
Sponge/facedcloth			
Soap / Shower gel			
Hair products i.e. shampoo/conditioner			
Hair ties (for long hair)			
Sun cream			

Other			
Sunglasses			
Book/magazine to read			
Water bottle			
Gloves/hat/cap			
Camera			
Small Torch			

Positive Behaviour Expectations

- Be supportive of each other
- Help each other
- Be nice
- Be respectful
- Good Manners
- Have a go....
- Great Trip!



Code of Conduct

- Listen and act on staff instructions
- Students are only allowed in their own rooms. Arrange to meet others at allocated times in the designated places
- Respect centre property and that of other people
- In rooms by 9pm & lights out at 10pm



Code of Conduct

- Alcohol, cigarettes/e-cigarettes, other intoxicating substances are strictly prohibited.
- Serious breaches of the code of conduct will result in parents being asked to collect the child from the centre at their own expense.



Now let's focus on what we're looking forward to...

- <https://www.youtube.com/watch?v=wsxwx5Lknzw>

Information Booklet

- Has everything you need to know and do in here! Please read it fully (even you, students!)
- List of what to bring (kit check list)
- Please do bring appropriate clothing (crop tops and other items of skimpy clothing are not very useful! Be prepared to get muddy....)
- Bring a few bin liners to pack muddy gear
- Maximum £15 spending money
- Depart Monday 2nd July from school at 10:15
- Return Wednesday 4th July at school by 3:00pm