

JOIN THE FUN THIS SPRING AND ENJOY A HEALTHY HOLIDAY!

Keep the kids entertained in the Spring holiday with fun activities and fed with healthy meals



Following a successful 2021 programme, the Healthy Holidays Calderdale Programme returns with thousands of places available for young people to access during the 2022 school holidays.

Activities are taking place throughout Calderdale and there is something for everyone, from team sports, dancing, yoga, street surfing, and canoeing, to crafts, music, bushcraft, climbing walls, and exploring nature, your kids will be kept entertained. Plus, everyone will receive a healthy and nutritious meal.

Places are free for school aged children Reception to Year 11 who are eligible for benefits related free school meals. There may also be sessions for fee-paying children who are not eligible for free school meals.

Places will be available to book from the end of March/beginning of April 2022. Like and follow the [@HealthyHolidaysCalderdale](#) Facebook page to keep up to date and be notified when places are available for you to book.



'It enabled my child to experience something I wouldn't have been able to afford. Also helped her overcome social anxiety and be less self-conscious. The coaches were very supportive'

Parent / Carer of children attending Healthy Holidays programme

"I had never heard of dragon fruit before, we learnt about and tasted so many cool foods during our food education sessions"

Child, Age 11, attending the Healthy Holidays Programme'



Parents and carers gave us feedback that as well as it is getting the kids out of the house and entertained for a few hours, it created an opportunity for their children to try new foods and be more adventurous with what they would eat.

Make sure that you keep up to date and are the first to know when places are available to book for the Spring school holidays by following **@HealthyHolidaysCalderdale** on Facebook. Thousands of places will be available to book from the end of March/beginning of April 2022.

Facebook: **@HealthyHolidaysCalderdale**

Website: **www.calderdale.gov.uk/healthyholidays**

Email: **healthyholidays@caldedale.gov.uk**

Call: **01422 288001**

No Internet? Visit a local Calderdale Library and they will support you in registering your children onto available activities.

